

Kids in the Kitchen



BUSTER'S FAVORITE PROTEIN PANCAKES

INGREDIENTS

Wet ingredients:

- 3 eggs
- 1/2 c cottage cheese
- Dash of vanilla

Dry ingredients:

- 2/3 c flour
- 1/3 c vanilla protein powder
- 1 tablespoon sweetener of choice we used monk fruit
- 1 teaspoon baking powder
- One pinch of salt

OPTIONAL ADD-INS

- mini chocolate chips
- white chocolate chips
- chopped strawberries
- blueberries
- vanilla yogurt on top

DIRECTIONS

- Mix all the wet ingredients.
- Add in the dry ingredients.
- Pour 1/4 cup of batter on preheated, buttered skillet. Cook until bubbly. Flip until brown and bubbly.
- Enjoy!