



PASSION FUNDRAISING

Make fundraising easy when you pair it with something you're passionate about. Here are just a few ideas!

Host a “Core” Challenge

Start a personal or group fitness challenge (walk, run, bike, dance, yoga, etc.) and ask friends and family to sponsor your efforts. Set a goal like 65 miles in a month or 30 minutes of activity a day.

Create a “Champion Birthday Fundraiser”

Celebrate your birthday by asking for donations to BreatheStrong CF in place of gifts. You can set up a Facebook, Instagram, or custom fundraising page and share why CF and exercise matter to you.

Launch a Tribute Fundraiser

Honor a CF warrior in your life by raising funds in their name. Share their story and why this cause is important. This can be done anytime and is especially powerful during awareness months or anniversaries.

Organize a Mini Event or House Party

Host a backyard BBQ, game night, yoga class, or porch concert and collect donations. Keep it casual but connected to the mission consider short storytelling or video during the event.

Create and Sell Custom Items

Design t-shirts, bracelets, candles, or art prints and donate proceeds to BreatheStrong CF. Use platforms like Bonfire, Etsy, or Shopify to keep it simple and online.

Start a Workplace Giving Campaign

Ask your company to match donations or support a fitness challenge among coworkers. Offer a reward for the department that moves the most or raises the most.

Dedicate a Race or Event

Register for a local 5K, marathon, triathlon, or other endurance event, and use it as your personal fundraising platform. Share your training journey and impact goals.

Use Your Talents to Fundraise

Are you a chef, artist, musician, or photographer? Host a class, offer commissions, or donate a portion of your services in support of BreatheStrong CF.

Get Kids and Classrooms Involved

Engage children or schools in service-learning projects like coin drives, read-a-thons, or movement challenges that teach giving while supporting our mission.

Partner with Your Local CF Clinic to Make a Difference

Join us in partnering with our local CF clinic to bring strength, hope, and resources directly to those who need it most. Whether you're a family member, friend, passionate community member, or a business owner, your support can help people with CF live stronger, healthier lives today.