



SOCIAL MEDIA POSTS

Use the the social media posts below on your Facebook,
Instagram, or LinkedIn accounts.

Option 1 - A future without limits

We're proud to support BreatheStrong CF, an organization dedicated to helping individuals with cystic fibrosis live stronger, healthier lives today. From exercise grants to critical needs support, BreatheStrong CF steps up to help individuals today.

Please consider donating or joining our fundraiser to make a direct impact.
[INSERT LINK]



Contact Doug@breathestrongcf.org to have a social media image customized for you.

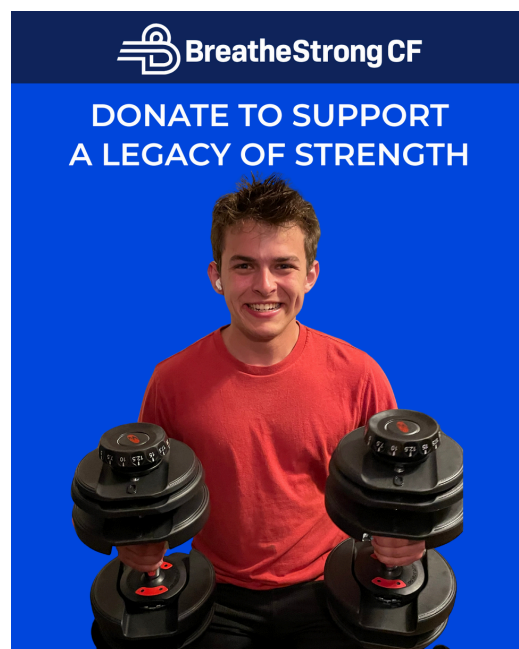
Option 2 - A Legacy of Strength

For [INSERT NUMBER OF YEARS PARTICIPATING], our family has proudly supported BreatheStrong CF to raise awareness and provide real help for those living with cystic fibrosis today.

Thanks to this community, [CF INDIVIDUAL'S NAME] has benefited from exercise grants to stay strong, support for grocery and fuel needs, and the BreatheStrong+ wellness program that enhances everyday life through online motivation and education.

BreatheStrong CF isn't focused on research or what might happen in the future. They are here to make a difference right now for people living with CF.

Will you join us in supporting warriors like [CF INDIVIDUAL'S NAME] today?
[INSERT FUNDRAISING LINK]



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Option 3 - Fighting beside our warrior

[CF INDIVIDUAL'S NAME] is a true Champion facing each day with strength and determination while living with cystic fibrosis.

That's why we support BreatheStrong CF because they meet the real-life, everyday needs of people with CF. Whether it's through exercise grants, critical needs funding, or the BreatheStrong+ virtual wellness program, they're helping people today. Please continue to help us push our mission forward.

Will you stand with us and support immediate impact with a monthly or one-time gift?

[INSERT FUNDRAISING LINK]



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