

WHAT'S IN SEASON



STRAWBERRY

SALAD WITH ROTISSERIE CHICKEN AND POPPYSEED DRESSING

INGREDIENTS:

- 10 ounce bag of baby spinach
(or your favorite leafy greens)
- 1 quart strawberries, rinsed and sliced
- $\frac{3}{4}$ cup Feta cheese, crumbled
- $\frac{3}{4}$ cup pecans, chopped (toasted if desired)
- $\frac{1}{2}$ cup Poppyseed dressing
- 2 cups rotisserie chicken, shredded

DIRECTIONS:

- Place spinach in a large serving bowl.
- Top with strawberries, Feta, and pecans.
- Drizzle dressing on top of the salad and top with shredded chicken.
- Toss ingredients together and serve immediately.

NUTRITIONAL FACTS

6 SERVINGS
Calories: 405 calories
Protein: 29 grams
Carbohydrates: 16 grams
Fat: 26 grams

CALORIE CONSIDERATIONS:

- To **INCREASE** calories: Add 1 Tbsp more Feta cheese, pecans, and/or Poppyseed dressing (135 calories total).
- To **DECREASE** calories: Add 1 Tbsp less Feta cheese, pecans, and/or Poppyseed dressing (135 calories total).